January Activities

95 N. 300 W. Hurricane 435-635-2089			
	\ \ // .	1-Jan	2-Jan
			Billiards 9:30
		Closed	
		for	Bingo after Lunch
		Holiday	
NEW'	YEAR		
6-Jan	7-Jan	8-Jan	9-Jan
Yoga 10:00	Tai Chi 10:00		Zions Way Hand & Neck
		Craft Class 1:00	Massage @ 11:00
Dixie Can Do's	Painting 1:00		
to perform @ Lunch			Bingo after Lunch
	Hand & Foot		
Bridge 12:30	Cards after lunch		Knitting/Crochet 1:00
13-Jan	14-Jan	15-Jan	16-Jan
Yoga 10:00	Tai Chi 10:00	Blood Pressure	Billiards 9:30
		11:00-12:00	
Bridge 12:30	Painting 1:00		Living well with a Chronic
		Hurricane Family	Condition Class @ 1:00
Writing Group 12:45	Hand & Foot	Pharmacy @ Lunch	
	Cards after lunch		Bingo after Lunch
		Craft Class 1:00	
20-Jan	21-Jan	22-Jan	23-Jan
	Tai Chi 10:00		Billiards 9:30
Closed		Craft Class 1:00	
for	Painting 1:00		Living well with a Chronic
Holiday			Condition Class @ 1:00
	Hand & Foot		
	Cards after lunch		Bingo after Lunch
			Knitting/Crochet 1:00
27-Jan	28-Jan	29-Jan	30-Jan
Yoga 10:00	Tai Chi 10:00		Billiards 9:30
Virginia Bandy to		Craft Class 1:00	Happy Anniversary/Birthday
perform @ Lunch	Painting 1:00		Celebration @ Lunch
			Living well with a Chronic
Writing Group 12:45	Hand & Foot		Condition Class @ 1:00
Bridge 12:30	Cards after lunch		Bingo after Lunch

^{*}Thrift Store is Open Mon-Thurs 11:00 am to 2:30 pm*